DEMENTIA OUTREACH

Support • Education • Connection • Respite

at Jamestown United Methodist Church

CAREgiver Support Group

1st Tuesday • 2:30–3:30PM

For caregivers of people living with dementia or Alzheimer's disease. Respite is provided during the meeting. A welcoming place to share, care, and learn from one another.

CAREgiver Lunch & Learn

2nd Tuesday • 11:30AM–12:30PM

Learn from a local professional about dementia and caregiving topics.

RSVP required • Box lunch provided

A practical, supportive time to learn.

A Moment in Time • Memory Cafe

3rd Tuesday • 1:30–3:30 PM

Music • crafts • food • connection

For caregivers and the person living with dementia. An escape from the 24/7 demands of caregiving—together.

A Moment In TIME
#memorycafe
Escape for a happy moment in time at JUMC

Come Join Us

Jamestown United Methodist Church

403 East Main Street

Jamestown, NC 27282

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jamestown
united methodist

YOU ARE NOT ALONE.

Programs meet monthly • Please contact us for details