



REGISTRATION

Bring your completed registration form and check (made to JUMC) to Pastor Stacy Sprinkle or Rachel Ruth at the church. You can also register online at www.jumc.org and then mail in your money. **Both** registration and money are required to save your place. [50 spaces available!](#)

NAME: _____

ADDRESS: _____

City/State/Zip: _____

PHONE NUMBER: _____

CELL PHONE NUMBER: _____

E-MAIL: _____

CHURCH MEMBERSHIP: _____

CHECK # _____ (\$175 JUMC member * \$200 non-member)

I do hereby release, forever discharge and agree to hold harmless Jamestown United Methodist Church and it's representatives from any and all liability, claims or demands for personal injury, sickness or death, as well as property damage and expenses, of any nature whatsoever which may be incurred on this retreat. I assume all risks and liabilities. In addition, I give permission to use my photos in future brochures, publications, communications, on the church website and other publications used by the church.

Signature

Date

*Jamestown United Methodist Church
403 E. Main Street
Jamestown, NC 27282
(336) 454-2717*

www.jumc.org

FOR MORE INFO:

**Pastor Stacy Sprinkle
or Rachel Ruth**

JUMC Women's Retreat

September 24-26, 2010



Delight Yourself in the Lord!

Psalm 37:4



WHERE WILL IT BE HELD?

Ocean View Retreat Center at Myrtle Beach, SC (307 1st Avenue South-Myrtle Beach, SC, 29577) www.oceanviewretreat.org Ocean View is a youth retreat center. We will be sleeping on nice, clean bunk beds. This retreat center is owned by Emilee McCracken's parents and they are so gracious to give us a GREAT deal!

HOW WILL WE GET THERE?

We will be traveling on a chartered bus. We will leave JUMC at 10:00am Friday morning, September 24 and return on Sunday, September 26 around 4pm.

WHAT WILL WE DO WHEN WE GET THERE?

Good Question! This retreat is designed for women who need to be "refreshed". Through several Delightful Devotions, Kelly Swanson will touch our hearts and teach us how to "Delight in the Lord" using her humor and storytelling gifts. Teresa Sink will also lead us into worship through song. We will also have plenty of FREE TIME for the beach, shopping at Tanger Outlet Mall, Broadway at the Beach, pool time, and much more! There is something for everyone!

HOW MUCH DOES IT COST?

\$175 (JUMC church member) * **\$200** (Non JUMC church member)
Fee covers transportation, 2 nights lodging, speaker and song leader costs, devotional materials, door prizes, t-shirt, snack foods (i.e. chocolate - oh yeah!), group photo, and 7 meals from Friday dinner through Sunday lunch. **NOT INCLUDED:** Friday's lunch. You will need to bring a sack lunch with a drink for Friday's bus ride to Myrtle!

WHAT WILL I NEED TO BRING WITH ME?

Your Bible, a pen, sack lunch with drink for the Friday bus ride, twin sheet set (or sleeping bag), pillow case (pillows and blankets are provided), bath towel, toiletries, sun screen, bathing suit and towel, comfortable clothes and shoes, and, if you can ... bring a Friend! **Don't forget to bring your sweet heart ready to be refreshed!**

RETREAT SPEAKER

KELLY SWANSON

Kelly Swanson is an award-winning storyteller, comedian, speaker, and author from High Point, North Carolina. Her wacky southern characters have charmed audiences from coast to coast - from board rooms to cruise ships to fellowship halls. Kelly uses the gift of humor to teach people how to stay on the funny side of life and how to tell your story.

Her husband calls her a mix between Minnie Pearl, Oprah Winfrey, and Martha Stewart - she'll make you laugh, touch your heart, and teach you to make a throw pillow out of a pair of old socks.



RETREAT SONG LEADER

TERESA SINK



You will be charmed and refreshed as Kelly and Teresa lead us in how to "Delight in the Lord".

